

APPETISERS

1	Canton Kitchen Hors D'oeuvres (Minimum For 2 Persons) £9.00 Per Person (Capital Spare Ribs, Satay Chicken, Crispy Seaweed, Vegetarian Spring Rolls & Sesame Prawn on Toast)	
2	Sesame Prawn on Toast.....	£5.80
3	Deep Fried Prawns in Breadcrumbs.....	£5.60
4	Smoked Shredded Chicken.....	£6.10
5	Satay Chicken on Skewers (4).....	£6.50
6	Crispy Seaweed.....	£5.10
7	Siu Mai (Pork & Shrimp Dumpling).....	£4.20
8	Spring Rolls (2).....	£3.80
9	Vegetable Spring Rolls (2).....	£3.80
10	Prawn Crackers.....	£2.30
11	Capital Spare Ribs with Sauce.....	£5.90
12	Barbecued Spare Ribs.....	£5.90
13	Salt & Pepper Spare Ribs.....	£5.90
14	Grilled Pork Dumplings.....	£5.10
15	Crispy Prawns.....	£5.60
16	Mini Vegetarian Spring Rolls (10) (V) New	£3.90
17	Salt & Pepper Chicken Wings with Chilli (6) New	£6.20

SOUPS

18	Crabmeat & Sweetcorn Soup.....	£4.30
19	Hot & Sour Soup.....	£4.30
20	Won-Ton Soup.....	£4.50
21	Chicken & Sweetcorn Soup.....	£3.80
22	Chicken & Mushroom Soup.....	£3.80
23	Chicken Noodle Soup.....	£3.80

THAI FAMOUS DUCKS

24	Crispy Aromatic Duck..... Quarter	£11.00
	(Served with Pancakes, Spring Onions, Half	£20.00
	Cucumber & Hoi Sin Sauce)..... Whole	£38.00
25	Roast Duck (Cantonese Style).....	£7.80
26	Roast Duck with Pineapple.....	£7.80
27	Roast Duck with Chinese Mushrooms & Bamboo Shoots.....	£7.80
28	Roast Duck in Szechuan Style.....	£7.80
29	Duck with Green Peppers & Black Bean Sauce.....	£7.80
30	Duck with Ginger & Spring Onions.....	£7.80
30A	Duck with Plum Sauce.....	£7.80



SEAFOOD DISHES

31	Kung-Po Chilli Prawns.....	£7.80
32	Garlic Prawns.....	£7.80
33	Prawns with Ginger & Spring Onions.....	£7.80
33A	King Prawn with Mixed Vegetables.....	£7.80
34	Prawns with Green Peppers in Black Bean Sauce.....	£7.80
35	Szechuan Prawns.....	£7.80
36	Prawns with Mange Tout.....	£7.80
37	Prawns with Cashew Nuts.....	£7.80
38	Dry Stir Fried Prawns with Green Bean.....	£7.80
39	Prawns with Mushrooms.....	£7.80
40	Prawns with Bamboo Shoots & Chinese Mushrooms.....	£7.80
41	Salt & Pepper Prawns.....	£7.80
42	Spicy Prawns Korean Style New	£7.80
43	King Prawn with Broccoli.....	£7.80
44	King Prawn with Bamboo Shoots & Water Chestnuts.....	£7.80
45	King Prawn with Pak Choy New	£7.80
46	Crispy Prawns with Thai Sweet Sauce New	£7.80
46A	Prawn Chop Suey.....	£7.80
47	Scallops with Ginger & Spring Onions.....	£8.80
48	Scallops in Black Bean Sauce.....	£8.80
49	Scallops with Mixed Vegetables.....	£8.80
50	Scallops with Mange Tout.....	£8.80
51	Squid with Ginger & Spring Onions.....	£7.80
52	Salt & Pepper Squid.....	£7.80
53	Squid with Green Peppers in Black Bean Sauce.....	£7.80
54	Squid in Satay Sauce.....	£7.80
55	Squid with Mange Tout.....	£7.80
56	Stir Fried Mixed Seafood.....	£8.80



CHICKEN DISHES

57	Lemon Chicken.....	£6.80
57A	Chicken Chop Suey.....	£6.80
58	Chicken with Cashew Nuts.....	£6.80
59	Chicken with Cashew Nuts in Yellow Bean Sauce.....	£6.80
60	Kung-Po Chicken.....	£6.80
61	Chicken with Green Peppers in Black Bean Sauce.....	£6.80
62	Chicken with Ginger & Spring Onions.....	£6.80
63	Chicken in Garlic Sauce.....	£6.80
64	Chicken in Satay Sauce.....	£6.80
65	Chicken in Oyster Sauce.....	£6.80
66	Dry Fried Chicken with Green Beans.....	£7.30
66A	Chicken with Mixed Vegetables.....	£6.80
67	Chicken with Bamboo Shoots & Chinese Mushrooms.....	£6.80
68	Szechuan Chicken.....	£6.80
69	Chicken with Mange Tout.....	£7.30
70	Chicken with Pineapple.....	£6.80
71	Chicken with Mushrooms.....	£6.80
72	Chicken with Broccoli.....	£7.30
73	Chicken in Black Pepper Sauce.....	£6.80
74	Deep Fried Chicken with Salt & Pepper.....	£6.80
75	Chicken with Pak Choy New	£6.80
76	Chicken Chinese Style.....	£6.80
77	Chicken with Beansprouts.....	£6.80
78	Chicken with Bamboo Shoots & Water Chestnuts.....	£6.80
79	Crispy Chicken with Thai Sweet Chilli Sauce New	£6.80
80	Spicy Chicken Korean Style New	£6.80

BEEF DISHES

81	Beef with Ginger & Spring Onions.....	£6.80
81A	Szechuan Beef.....	£6.80
82	Deep Fried Shredded Chilli Beef.....	£7.10
83	Fried Beef with Onions.....	£6.80
83A	Beef Cashew Nuts.....	£6.80
83B	Beef Cashew Nuts in Yellow Bean Sauce.....	£6.80
84	Beef with Green Peppers in Black Bean Sauce.....	£6.80
84A	Beef with Mixed Vegetables.....	£6.80
85	Beef with Mushrooms.....	£6.80
86	Beef in Satay Sauce.....	£6.80
87	Beef in Oyster Sauce.....	£6.80
88	Dry Stir Fried Beef with Green Beans.....	£7.30
89	Beef with Bamboo Shoots & Chinese Mushrooms.....	£6.80
90	Beef with Mange Tout.....	£7.40
91	Beef with Broccoli.....	£7.40
92	Beef with Black Pepper Sauce.....	£6.80
93	Spicy Beef Korean Style New	£6.80
94	Beef with Bamboo Shoots & Water Chestnuts.....	£6.80
94A	Beef Chop Suey.....	£6.80

SWEET & SOUR DISHES

95	Sweet & Sour Prawn Balls.....	£8.00
96	Sweet & Sour Prawns (Hong Kong Style).....	£8.00
97	Sweet & Sour Chicken Balls.....	£7.00
98	Sweet & Sour Chicken (Hong Kong Style).....	£7.00
99	Sweet & Sour Pork Balls.....	£7.00
100	Sweet & Sour Pork (Hong Kong Style).....	£7.00
101	Sweet & Sour Vegetables.....	£5.70

LAMB & PORK DISHES

102	Lamb with Ginger & Spring Onion.....	£7.60
103	Lamb in Satay Sauce.....	£7.60
104	Lamb with Green Peppers in Black Bean Sauce.....	£7.60
105	Lamb in Szechuan Style.....	£7.60
106	Spicy Lamb Korean Style New	£7.60
107	Cantonese Barbecued pork (Char Siu).....	£6.80
108	Roast Pork with Green Peppers in Black Bean Sauce.....	£6.80
109	Roast Pork in Szechuan Style.....	£6.80

CURRY DISHES

110	Chef's Special Curry.....	£7.80
111	Prawn Curry.....	£7.80
112	Lamb Curry.....	£7.80
113	Beef Curry.....	£6.80
114	Chicken Curry.....	£6.80
115	Mixed Vegetables Curry.....	£6.10
116	Roast Pork Curry.....	£6.70
117	Mushroom Curry.....	£6.10

THAI RED & GREEN CURRY DISHES

118	King Prawn Thai Red Curry.....	£7.80
119	King Prawn Thai Green Curry.....	£7.80
120	Chicken Thai Red Curry.....	£6.80
121	Chicken Thai Green Curry.....	£6.80
122	Beef Thai Red Curry.....	£6.80
123	Beef Thai Green Curry.....	£6.80
124	Mixed Vegetable Thai Red Curry.....	£6.10
125	Mixed Vegetable Thai Green Curry.....	£6.10



IF THE DISH YOU ARE LOOKING FOR DOES NOT APPEAR ON THE MENU, PLEASE ASK, OUR CHEFS WILL TRY TO ACCOMMODATE YOUR REQUEST AS BEST AS WE CAN



VEGETABLE DISHES

126	Bean Sprouts with Mange Tout	£5.60
127	Dry Stir Fried Green Beans	£5.60
128	Chinese Mixed Vegetables	£5.40
129	Bean Sprouts	£5.40
130	Mushrooms	£5.40
131	Pak Choi with Oyster Sauce	£5.90
132	Pak Choi with Garlic	£5.90
133	Broccoli in Garlic Sauce	£5.90
134	Grilled Bean Curd in Oyster Sauce	£6.10
135	Kung-Po Chilli Bean Curd	£6.10
136	Bean Curd with Mixed Vegetables	£6.10
137	Bean Curd with Green Pepper & Black Bean Sauce	£6.10
138	Bean Curd in Szechuan Style	£6.10

RICE DISHES

139	Canton Kitchen Special Rice <i>(with Mixed Meats & Veg) (Large)</i>	£7.80
140	Special Fried Rice	£6.00
141	King Prawn Fried Rice	£6.30
141a	Roasted Duck Fried Rice	£6.30
142	Chicken Fried Rice	£5.80
143	Beef Fried Rice	£5.80
144	Roast Pork Fried Rice	£5.80
145	Shrimp Fried Rice	£5.80
146	Mixed Vegetable Fried Rice	£5.40
147	Mushroom Fried Rice	£5.40
148	Singapore Fried Rice <i>(Large)</i>	£7.00
149	Steamed Plain Rice	£3.90
150	Egg Fried Rice	£4.50

14 Major Allergens Alert

Most of our dishes contain
GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL
Some of our dishes may contain these 14 allergens as follows:

14 Allergens	Crustaceans 1	Molluscs 2	Nuts 3	Milk 4
Sesame Seeds 5	Fish 6	Mustard 7	Eggs 8	Soya 9
Cereal Containing Gluten 10	Celery 11	Sulphur Dioxide 12	Lupin 13	Peanuts 14

If you have any allergies to these products please inform us before ordering. We will do our best to advise you

CHOW MEIN DISHES

151	Canton Kitchen Special Chow Mein <i>(with Mixed Meats & Veg) (Large)</i>	£7.80
152	Special Chow Mein	£6.10
153	Fried Chow Mein with Bean Sprouts	£5.20
154	Chicken Fried Chow Mein	£5.90
155	Beef Fried Chow Mein	£5.90
156	Roast Pork Fried Chow Mein	£5.90
157	Shrimp Fried Chow Mein	£5.90
158	Mushroom Fried Chow Mein	£5.50
159	Mixed Vegetable Fried Chow Mein	£5.50
160	King Prawn Fried Chow Mein	£6.40
160A	Plain Chow Mein	£4.90
160B	Duck Chow Mein	£6.50
161	Fried Noodles <i>(Singapore Style) (Large)</i>	£7.10
162	Singapore Vermicelli <i>(Rice Noodles) (Large)</i>	£7.10
162B	Chicken Vermicelli <i>(Rice Noodle)</i>	£5.90
163	Special Satay Chow Mein New	£6.20
164	King Prawn Satay Chow Mein New	£6.50
165	Chicken Satay Chow Mein New	£6.00
166	Beef Satay Chow Mein New	£6.00
167	Roast Pork Satay Chow Mein New	£6.00
168	Mushroom Satay Chow Mein New	£5.80

169	Chips	£3.00
169A	Salt & Pepper Chips	£4.30
170	Curry Sauce	£2.00
171	Sweet & Sour Sauce	£2.00
172	Peking Sauce	£2.30
173	Satay Sauce	£2.30
174	Barbecued Sauce	£2.00

FOO YUNG DISHES

175	King Prawn Foo Yung	£7.80
176	Chicken Foo Yung	£6.80
177	Roast pork Foo Yung	£6.80
178	Shrimp Foo Yung	£6.80
179	Mixed Vegetable Foo Yung	£6.30
180	Mushroom Foo Yung	£6.30
181	King Prawn Omelette New	£8.00
182	Chicken Omelette New	£6.90
183	Shrimp Omelette New	£6.90
184	Mushroom Omelette New	£6.40

DRINKS

185	Can of Drink <i>(Coke, Diet Coke, Fanta)</i>	£1.00
186	Bottle of Drink <i>(Coke)</i>	£3.00



SET MEALS

A1 FOR 1 PERSON£12.50 Per Person

Vegetable Spring Rolls
Sweet & Sour Chicken *(Hong Kong Style)*
Special Fried Rice

A2 FOR 1 PERSON£12.50 Per Person

Satay Chicken on Skewers (2)
Chicken with Green Peppers in Black Bean Sauce
Fried Noodles with Beansprouts

B FOR 2 OR MORE ..£18.00 Per Person

Chicken & Sweetcorn Soup
Spare Ribs, Sesame Prawn Toast
Vegetable Spring Roll

.....
Lemon Chicken
Chicken with Cashew Nuts

.....
Special Fried Rice

C FOR 2 OR MORE ..£24.00 Per Person

Vegetable Spring Rolls, Seaweed,
Satay Chicken on Skewered

.....
Crispy Aromatic Duck

.....
Shredded Chilli Beef
Sweet & Sour King Prawn *(Hong Kong Style)*
Beef with Green Peppers in Black Bean Sauce

.....
Special Fried Rice

D FOR 3 OR MORE ..£25.50 Per Person

Crispy Seaweed, Vegetable Spring Rolls
Sesame Prawn on Toast & Satay Chicken

.....
Crispy Aromatic Duck

.....
Shredded Chilli Beef
King Prawn with Green Peppers in Black Bean Sauce
Sweet & Sour Chicken *(Hong Kong Style)*
Chicken with Ginger & Spring Onions

.....
Egg Fried Rice

HOT MEAL

FOR 2 OR MORE.....£17.50 Per Person

Capital Spare Ribs with Sauce

.....
Hot & Sour Soup

.....
Salt & Pepper Chicken
Szechuan King Prawn
Singapore Fried Rice



TAKE AWAY MENU

*The Open Plan
Chinese Kitchen
In Haywards Heath*

Telephone Orders Welcome

01444 45 88 33
01444 45 77 99

8 COMMERCIAL SQUARE,
HAYWARDS HEATH
WEST SUSSEX RH16 1DW

Delivery Service

Open 6 Days A Week

Tuesday Closed

5:00pm - 10:30pm

